

**Resources for Adoptees**  
**Prepared by Kelly Moore**  
**For JGSCV**  
**4 December 2016**

**Register on the free websites available:**

- International Soundex Reunion Registry (ISRR). The ISRR is the oldest, mutual consent registry that began in 1975.

- [www.isrr.org](http://www.isrr.org)



- Adoption Registry Connect. A worldwide search and reunion registry.

- [www.adopteeconnect.com](http://www.adopteeconnect.com)



- Facebook Groups

- Use search terms such as “Adoptee” “Birthmother” “Reunion” and the state or foreign country of your birth. This will put you in contact with people and resources that specialize in your specific situation.

**Learn your State Laws:**

Adoption laws are created and maintained on a state level. Look on the Department of health website for the state you were born in for more information

- The California Department of Public Health website is [www.cdph.ca.gov](http://www.cdph.ca.gov)
- Information about adoption is listed under “Certificated & Licenses” or “Programs”

The Adoptee Rights Coalition has links on their website to various resources. They participate annually in the National Conference of State Legislators.

- [www.adopteerightscoalition.com](http://www.adopteerightscoalition.com)

**Take a DNA test:**

There are several companies that sell DNA tests used for genealogy purposes. All of the companies listed below offer the autosomal test, sometimes called the family finder. The price for this test is usually the same for all companies, but they each have specials at different times of the year and it is suggested you check their websites. Look in the fine print to see if you can transfer your results to other websites’ genealogical DNA databases. The Y-DNA test measures your paternal line (father’s, father’s, father etc.) where the mtDNA (mitochondrial) test measures your maternal line (mother’s, mother’s mother etc.). These two tests are currently only offered by FamilyTree DNA.

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- Ancestry
  - [www.ancestry.com/dna/](http://www.ancestry.com/dna/)
- FamilyTree DNA
  - [www.FTDNA.com](http://www.FTDNA.com)
- MyHeritageDNA
  - <https://www.myheritage.com/dna>
- 23 and Me
  - [www.23andme.com](http://www.23andme.com)

When you receive your DNA test results be sure to upload them for free at GEDmatch.com

- GED Match is a free service used for matching people through DNA. This site provides the ability to match DNA from different services. It is run and supported by volunteers.
  - [www.gedmatch.com/policy.php](http://www.gedmatch.com/policy.php)

